

FEBRUARY

Burlington School District: Lunch

MONDAY

18

WEDNESDAY

Turkey Tacos
Black Beans
Roasted Corn
Guacamole
Fruit & Vegetable Bar

THURSDAY

Chicken & Waffles Maple Syrup Roasted Butternut Squash Fruit & Vegetable Bar Milk 7 Steak & Cheese Sandwich
Garlic Roasted Green Beans
Fresh Bell Pepper Strips
Fruit & Vegetable Bar
Milk

FRIDAY

O PIZZA DAY

Turkey Pepperoni or Cheese Caesar Salad Roasted Chickpeas Fruit & Vegetable Bar Milk

Cheesy Bread Sticks

Marinara

Garlic Roasted Broccoli

Fruit & Vegetable Bar

Milk

11 Orange Chicken

Rice Roasted Broccoli Sliced Oranges Fruit & Vegetable Bar Milk

TUESDAY

Breakfast for Lunch

Chicken Sausage, Egg & Cheese

Hashbrown

Fruit & Vegetable Bar

Milk

12 Cabot Grilled Cheese

Tomato Soup Roasted Curry Cauliflower Fruit & Vegetable Bar Milk

Milk

VT Beef Nachos

Black Beans Cheese Sauce Mango & Pineapples w/ Tajin Fruit & Vegetable Bar Milk 14 Crispy Chicken Tenders

Sweet Potato Fries Buttered Peas Fruit & Vegetable Bar Milk

Cheesy Lasagna

Roll Caesar Salad Roasted Chickpeas Fruit & Vegetable Bar Milk

No School

Roasted Chicken

Mashed Potatoes
Carrots & Ranch
Biscuit
Fruit & Vegetable Bar
Milk

No School

All Beef Hotdog

Oven Fries Maple Baked Beans Fruit & Vegetable Bar Milk Chicken & Cheese Quesadilla

Roasted Corn Black Beans Fruit & Vegetable Bar Milk 21 Spaghetti & VT Meat Sauce

Roasted Carrot Coins Garlic Bread Fruit & Vegetable Bar Milk

4

20

No School

27

No School

28

No School

VEGETARIAN Alternatives:

MONDAYS- Meatless Nuggets THURSDAYS- Veggie Grillers
TUESDAYS- Black Bean Burger
WEDNESDAYS- Meatless Chicken Patty