

2024

NOVEMBER

Burlington School District

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

VEGETARIAN Alternatives:

MONDAYS- Meatless Nuggets

TUESDAYS- Black Bean Burger

FRIDAYS- Black Bean Burger

WEDNESDAYS- Meatless Chicken Patty

THURSDAYS- Veggie Grillers

1

No School

4

Chicken Fillet Sandwich
Sweet Potato Fries
Fresh Broccoli & Ranch
Fruit & Vegetable Bar
Milk

5

PIZZA DAY

Turkey Bacon or Cheese
Caesar Salad
Toasted Chickpeas
Fruit & Vegetable Bar
Milk

6

All Beef Hotdog
Oven Fries
Baked Beans
Fruit & Vegetable Bar
Milk

7

Early Release Day

Turkey Lettuce & Cheese Croissant
Chips
Fruit

8

Spaghetti & VT Meat Sauce
Roasted Carrots
Garlic Bread
Fruit & Vegetable Bar
Milk

11

Cheesy Breadsticks
Marinara
Roasted Herbed Zucchini
Fruit & Vegetable Bar
Milk

12

Breakfast for Lunch

Chicken Sausage, Egg & Cheese
Sandwich
Hashbrown Patty
Fruit & Vegetable Bar
Milk

13

VT Turkey Tacos
Black Beans
Roasted Corn
Guacamole
Fruit & Vegetable Bar
Milk

14

Roasted Turkey w/ Gravy
Mashed Potatoes
Peas
Biscuit
Fruit & Vegetable Bar
Milk

15

Fish Sticks
w/ Tartar Sauce
Potato Wedges
Roasted Cauliflower
Fruit & Vegetable Bar
Milk

18

PIZZA DAY

Buffalo Chicken or Cheese
Caesar Salad
Roasted Chickpeas
Fruit & Vegetable Bar
Milk

19

Orange Chicken

Rice
Garlic Roasted Broccoli
Fruit Salad
Fruit & Vegetable Bar
Milk

20

Cabot Grilled Cheese
Tomato Soup
Roasted Curry Cauliflower
Fruit & Vegetable Bar
Milk

21

Chicken & Waffles
Maple Syrup
Roasted Winter Squash
Fruit & Vegetable Bar
Milk

22

VT Mac & Cheese
Curried Cauliflower
Carrot Sticks
Fruit & Vegetable Bar
Milk

25

No School

26

No School

27

No School

28

No School

29

No School