

# BHS LUNCH MENU

## LINE 1: Grab-and-Go

*Get a meal quickly and be on your way!*

Express Lunch : Pizza, Chicken Patty, Hot Dog or Hamburger

Hot Sandwich : Variety of wraps including beef burrito, buffalo chicken wrap, meatball sub, chicken teriyaki, chicken parm, and more!

Signature Entrée Salads : Chicken Caesar, Sesame Noodles, Smokehouse Steak, Tofu, or Hummus with Crudité

## LINE 2: Sandwich Station

*Build your own Sandwich or Panini from a variety of meats, cheeses, veggies and condiments!*

Meats : Turkey, Ham, Tuna Salad, Chicken Salad, Hummus

Cheeses : American Cheese, Cheddar and more!

Veggies : Lettuce, Spinach, Onions, Peppers, Tomatoes, Cucumbers and Seasonal Veggies

**All Meals include Full Salad Bar, Soup du Jour, and Milk or Juice**

## LINE 3: BHS Bistro

Monday	Tuesday	Wednesday	Thursday	Friday
<b><u>MACARONI MONDAY</u></b>	<b><u>STIR FRY</u></b>	<b><u>BHS GRILL</u></b>	<b><u>BURRITO DAY</u></b>	<b><u>STIR FRY-DAY!</u></b>
Choice of Marinara, All-Beef Meat Sauce, or Pesto over Whole Grain Pasta with your choice of Veggies	Marinated Beef, Chicken, Shrimp or Tofu with your choice of Fresh Veggies, Garlic, and Ginger over Rice or Noodles	Grilled Beef Burger, Chicken Patty or House-made Veggie with your choice of Cheese, Veggies and other toppings!	Beef or Chicken with your choice of Beans, Veggies, house-made Salsas and Signature Dressings	Marinated Beef, Chicken, Shrimp or Tofu with your choice of Fresh Veggies, Garlic, and Ginger over Rice or Noodles



### MEAL PRICES

Student: \$3.25

Adult:  
\$3.75



Menu items are subject to change without notice. We offer a variety of choices every day. Daily vegetarian options.

For more information, please contact us at 864-8416 or [schoolfood@bsdvt.org](mailto:schoolfood@bsdvt.org).

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**

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