

BURLINGTON SCHOOL FOOD PROJECT

2017 SUMMER MEALS



ONSITE SUPPER MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|
| Beef Meatball Sub Honey Glazed Carrots | Chicken Patty on a Bun Sweet Potato Fries | PIZZA DAY! Cheese, Veggie or Turkey Pepperoni | Spaghetti & Meatballs Seasonal Vegetables | Chicken or Bean Nachos with Cheese, Salsa, Sour Cream |
| Hamburger or Cheeseburger Roasted Potatoes | Roasted Chicken Mashed Potatoes Whole Wheat Bread | PIZZA DAY! Cheese, Veggie or Turkey Pepperoni | Cheese Ravioli with Marinara Sauce Seasonal Vegetables | Cheese Quesadillas with Salsa and Sour Cream Refried Beans and Rice |
| All-Beef Hot Dog on a Bun Baked Beans | Chicken Nuggets Wedge Fries | PIZZA DAY! Cheese, Veggie or Turkey Pepperoni | Chicken Philly Sandwich Seasonal Vegetables | Chicken or Bean Nachos with Cheese, Salsa, Sour Cream |
| Grilled Chicken Sandwich Roasted Potatoes | Chicken Tenders with BBQ or Ranch | PIZZA DAY! Cheese, Veggie or Turkey Pepperoni | Baked Ziti Seasonal Vegetables | Turkey-Pepperoni & Mozzarella Roll-ups Roasted Carrots |

*Each Onsite Supper meal includes a daily Salad Bar, fruit and milk.
This menu will repeat every four-weeks during the Summer Session.*

SNACK MENU

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|--|---------------------------------|--|---|---------------------------------|
| Whole Grain Pretzels Vegetable Sticks & Dip | Cheddar Goldfish Fresh Fruit | Chocolate Chip Crisps String Cheese | Cinnamon Oat Cookie Vegetable Sticks & Dip | Cheddar Goldfish Fresh Fruit |
| Animal Crackers Vegetable Sticks & Dip | Oatmeal Bar Fresh Fruit | Graham Crackers Fresh Fruit | Cinnamon Oat Cookie Vegetable Sticks & Dip | Granola Bar String Cheese |

This menu will repeat every two-weeks during the Summer Session.

Menu items are subject to change without notice.

We offer a variety of choices every day. Vegetarian/Vegan options available upon request.

For more information, please contact us at (802) 864-8415 or schoolfood@bsdvt.org

<http://burlingtonschoolfoodproject.org>

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