



# June 2017 - K8 Lunch



Monday	Tuesday	Wednesday	Thursday	Friday	<b>Alternative Entrées:</b> <ul style="list-style-type: none"> <li>• Vegan/Vegetarian Entrée</li> <li>• Cold Sandwiches:               <ul style="list-style-type: none"> <li>- PB&amp;J</li> <li>- Turkey</li> <li>- Cheese</li> <li>- Egg/Chicken/Tuna Salad</li> </ul> </li> <li>• Daily Hot Wrap or Panini (Middle Schools)</li> </ul> <b>Available with Every Lunch Meal:</b> <ul style="list-style-type: none"> <li>• Full Salad Bar</li> <li>• Soup of the Day</li> <li>• Rice or Pasta Salad</li> <li>• Variety of Fruit choices</li> <li>• 1% and Nonfat Milk</li> </ul> Milk-only purchases are \$0.50
			1 Chicken Alfredo with Pasta Chef's Choice Broccoli Dinner Roll	2 Hamburgers or Cheeseburgers Potato Wedges	
5 Roasted Chicken Baked Potato Bar Dinner Roll	6 <b>PIZZA DAY!</b> Caesar Salad with Croutons	7 Chicken or Bean Fajitas with Seasoned Rice, Salsa & Sour Cream	8 Baked Ziti Chef's Choice Broccoli Dinner Roll	9 Meatball Subs Roasted Roots	
12 Chicken Nuggets Sweet Potato Fries	13 <b>PIZZA DAY!</b> Caesar Salad with Croutons	14 Spaghetti & Meatballs Seasonal Vegetables Dinner Roll	15 Hot Dogs Baked Beans	16 <b>EARLY RELEASE DAY</b> Turkey & Cheese Wrap Pretzels Veggie Sticks & Dip	
19 <b>EARLY RELEASE DAY</b> Sandwich Wrap Chips Veggie Sticks & Dip	<h1>Enjoy the Summer!</h1>				
Every Lunch meal offers at least one fruit, vegetable, protein/meat, whole grain and milk component. Students must select at least three (3) components, <i>including a fruit or vegetable</i> , for a balanced and complete lunch.					



*Menu items are subject to change without notice.*  
 For more information, contact us at 802-864-8415 or [schoolfood@bsdvt.org](mailto:schoolfood@bsdvt.org) or visit our website at [burlingtonschoolfoodproject.org](http://burlingtonschoolfoodproject.org)

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