




February 2017 - K8 Supper



Monday	Tuesday	Wednesday	Thursday	Friday	Alternative Entrées: <ul style="list-style-type: none"> • Vegan/Vegetarian Entrée • Cold Sandwiches: <ul style="list-style-type: none"> - Turkey - Cheese Available with Every Supper Meal: <ul style="list-style-type: none"> • Salad Bar • Variety of Fruit choices • 1% and Nonfat Milk Want to get your engine going?  Eat Fruits and Veggies!
		1 PIZZA DAY! Caesar Salad with Croutons	2 Roasted Chicken Mashed Potatoes Dinner Roll	3 Spaghetti & Meatballs Chef's Choice Broccoli Dinner Roll	
6 Baked Corn Dogs Sweet Potato Fries	7 Roasted Chicken Baked Potato Bar Dinner Roll	8 PIZZA DAY! Caesar Salad with Croutons	9 Make-Your-Own Chicken or Bean Fajitas with Seasoned Rice, Peppers, Onions, Salsa & More!	10 Beefy Baked Ziti Roasted Cauliflower Dinner Roll	
13 Hamburgers or Cheeseburgers Potato Wedges	14 Chicken Nuggets Sweet Potato Fries	15 PIZZA DAY! Caesar Salad with Croutons	16 Roasted Chicken Mashed Potatoes Dinner Roll	17 Shepherd's Pie Dinner Roll	
20 Cheesy Breadsticks with Marinara Sauce Cauliflower	21 Roasted Chicken Baked Potato Bar Dinner Roll	22 PIZZA DAY! Caesar Salad with Croutons	23 Make-Your-Own Beef or Bean Tacos with Lettuce, Peppers, Onions, Salsa & More!	24 Macaroni & Cheese Chef's Choice Broccoli Dinner Roll	
<p>Every Lunch meal offers at least one fruit, vegetable, protein/meat, whole grain and milk component. Students must select at least three (3) components, <u>including a fruit or vegetable</u>, for a balanced and complete lunch.</p>					



Menu items are subject to change without notice.

For more information, contact us at **802-864-8415** or schoolfood@bsdvt.org or visit our website at burlingtonschoolfoodproject.org

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