

# BHS LUNCH MENU

## LINE 1: Grab-and-Go

Get a meal quickly and be on your way!

Vintage Lunch: Pizza, Chicken Patty, or Hamburger

Hot Sandwich: Variety of wraps including beef burrito, buffalo chicken wrap, meatball sub, chicken teriyaki, chicken parm, and other wraps

Signature Entrée Salads: California Salad, Curried Chicken with Noodles, Smokehouse Steak, Tofu, or Hummus with Crudité

## LINE 2: Sandwich Station

Build your own Sandwich or Panini from a variety of meats, cheeses, veggies and condiments!

Meats: Turkey, Ham, Tuna Salad, Chicken Salad, Hummus

Cheeses: American Cheese, Cheddar and more!

Veggies: Lettuce, Spinach, Onions, Peppers, Tomatoes, Cucumbers and Seasonal Veggies

**All Meals include Full Salad Bar, Soup du Jour, and Milk or Juice**

## Line 3 Bistro

\*9/5 is National Cheese Pizza Day!

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Macaroni Monday</u> Choice of Marinara, All-Beef Meat Sauce, or Pesto over Whole Grain Pasta with your choice of Veggies	<u>Stir Fry</u> Marinated Beef, Chicken, Shrimp or Tofu with your choice of Fresh Veggies, Garlic, and Ginger over Rice or Noodles	<u>Taco-bob</u> (Taco & Kabob Fusion) A Skewer of Marinated Veggies and a choice of Grilled Steak, Chicken or Tofu served on a Tortilla	<u>Burrito</u> Beef or Chicken with your choice of Beans, Veggies, house-made Salsas and Signature Dressings	<u>Stir Fry Day</u> (see Tuesday's menu)  <u>*9/16 Pho Friday</u> Choice of Chicken or Tofu with veggies in a traditional broth with noodles



Menu items are subject to change without notice. We offer a variety of choices every day. Daily vegetarian options.

For more information, please contact us at 864-8416 or [schoolfood@bsdvt.org](mailto:schoolfood@bsdvt.org).

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